

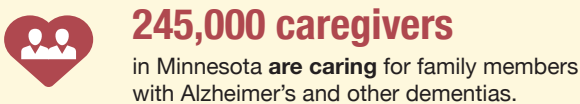


Is Your Community Prepared?

A community that is dementia-informed, safe, and respectful across all community sectors is a community prepared to support people living with Alzheimer's and those touched by the disease. It's a dementia-friendly community.

89,000 Minnesotans age 65+ live with Alzheimer's disease and the number is growing.

Our communities must ACT to be ready. Here's why:

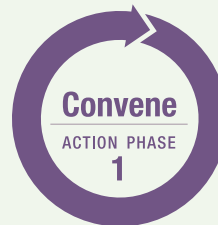


Nearly 60 percent of people with Alzheimer's live in their own homes and need support from families and community members.

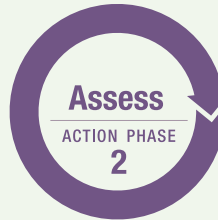
Older African Americans and Hispanics

are proportionately more likely than older whites to have Alzheimer's disease and other dementias.

ACT on Alzheimer's has a toolkit with a four-phase process for bringing people together to help your community become dementia friendly.



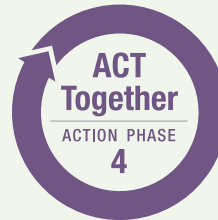
Convene key community leaders and members to form an Action Team.



Assess dementia-related strengths and gaps within your community.



Analyze community needs and develop a plan to take action.



ACT Together to pursue priority goals that foster community readiness for dementia.

The toolkit has resources that assist communities through each action phase.

Learn more and view videos at:

www.actonalz.org/toolkit



Dementia-Friendly Community



Creating a dementia-friendly community involves:

- Raising awareness about Alzheimer's, transforming attitudes, and moving people to action
- Supporting family and friend caregivers by providing accessible information, resources, and in-person support
- Promoting meaningful participation in community life for everyone
- Including communities that experience inequities because of race, ethnicity, culture, language, sexual orientation, gender identity, mental illness, hearing/sensory differences, intellectual or physical abilities, and economic status

Learn about the Minnesota communities ACTing on Alzheimer's and the tools and resources available for all community sectors at www.ACTonALZ.org.

